



Proud Dads at The Brink

Liverpool's well known dry bar, The Brink, is celebrating Father's Day this Sunday with an extra special twist – celebrating and honouring the dads who are in recovery from drug and alcohol addiction.

The Brink's ethos is to provide locally sourced fresh food, a variety of interesting non-alcoholic drinks and a space for people to enjoy music, comedy, films, tastings, open mic nights and much more. It is popular with the general public and provides a safe, supportive space for many people who are trying have a fun night whilst staying away from alcohol and drugs.

On Sunday, dads who have transformed their lives will be able to enjoy a special Father's Day breakfast, Sunday roast, an evening barbecue as well as a free film showing. David Barnicle, Events Worker at The Brink said, "Many of our customers are in recovery and so for this Father's Day we want to honour all the Dads who have turned their lives around from difficult painful places in the grip of active addiction, to lives of fulfilment and wonderful parenting. So we are presenting the first 30 'recovery dads' with a free pint of juice and a Brink T-shirt".

Local businesswoman Kate Kingston of Kingston Shaw Interiors has covered the cost of the drinks and T-shirts for the dads: "It's a privilege to be able to honour these men who have worked so hard to get out of the grip of alcoholism and addiction. The work The Brink does, whilst also being a fantastic place to socialise, is extraordinary".

Most of the staff which The Brink employs a number of staff who are in recovery themselves. One staff member and father in recovery, Jay Otty, was addicted to heroin and crack for 27 years. He got clean and sober 3 years ago and secured a bar job at The Brink.

"My years on drugs were a nightmare and my relationships with my sons were badly damaged but being in recovery I work very hard to repair our relationship and put in the boundaries and all the love that I wasn't able to give back then. I'm very grateful for the life I have now and that my sons know I am here for them when they need me. Every Father's Day is particularly special for me now."

For more information on Action on Addiction, visit the website: www.actiononaddiction.org.uk

Follow Action on Addiction on Twitter - @actionaddiction
'Like' us on Facebook – Action on Addiction